

RYDE SCHOOL

WITH UPPER CHINE

Supper Menu - Prep - Spring Term 24

Spring Term	Monday	Tuesday	Wednesday	Thursday	Friday
Classic Main	Cod Fillet Fish Fingers	Swedish Style Meatballs & Gravy	Butches Pork Chippolatas & Gravy	Crispy Chicken Fillet Bites withTomato & Herb Sauce	Cheese & Tomato Pizza
Vegetarian	Fishless Fingers	Vegan Quorn Meatballs Gravy	Quorn Sausages & Garvy	Crispy Quorn Bites with Tomato & Herb Sauce	Cheese & Tomato Pizza
On the Side	French Fries Spaghetti Hoops or Garden Peas & Sweetcorn	Creamed Potatoes Green Bean & Pea Medley	Parsley Butter Potatoes Steamed Broccoli & Carrots	Steamed Rice Edamame Beans & Sweetcorn	Garlic & Herb Baked Potato Wedges Sweetcorn or Baked Beans
Jacket Potato or Pasta of The Day	Jacket Potato & Filling Pasta with Tomato & Herb Sauce	Jacket Potato & Filling Pasta with a Cheese & Ham Sauce	Jacket Potato & Filling Pasta with Tomato & Herb Sauce	Jacket Potato & Filling Pasta with a Cheese & Ham Sauce	Jacket Potato & Filling Pasta with Tomato & Herb Sauce
Regulars	Mixed Salad Leaves, Tomatoes & Cucumber, Simple Sweetcorn, Grated Carrot & Coleslaw Grated Mature Cheddar Cheese, Tuna Mayonnaise & Sliced Gammon Ham				
Desserts of the day	Fresh Fruit Ice Cream Pots	Fresh Fruit Chocolate Chip Muffin	Fresh Fruit Jelly Pots	Fresh Fruit Iced Sprinkle Cup Cake	Fresh Fruit Chocolate Mousse Pot

A Selection of Gluten & Dairy Free Options Available, Please Ask Your Server

Please note, this menu maybe subject to change